

# HOLY TRINITY SCHOOL - ANTI BULLYING CHARTER

We all want our school to be a happy, safe and friendly place. The school council have drawn up an Anti-Bullying charter for all pupils and staff to sign up to.

**BULLYING WILL NOT BE TOLERATED IN OUR SCHOOL!**

## What is Bullying?

Often there is confusion as to what bullying is. Some people make the mistake of thinking that a one off incident of name calling or falling in and out of friendships is bullying. To avoid this we all agree to follow the STOP model to reinforce what bullying is. Bullying is the use of aggression with the intent of hurting another person. It results in distress to the victim. It happens:

**S**everal

**T**imes

**O**n

**P**urpose

## What PUPILS should do if they are being bullied or worried about bullying.

- ❖ Tell someone – go to an adult you can trust.
- ❖ Check – ask yourself – Is this bullying or falling out?
- ❖ Walk away from the situation – don't try to sort it out on your own
- ❖ Ask someone else to play – get support.

## What we want STAFF to do about bullying

- ❖ Encourage pupils to tell them about bullying.
- ❖ Take time to really listen and get all sides of the story.
- ❖ Give advice or sanctions according to the behaviour policy.
- ❖ Continue to keep an eye on the situation.
- ❖ Separate the bully and victim for a short time if necessary.
- ❖ Involve parents if necessary.

## What we want PARENTS to do about bullying

- ❖ Give us extra love and attention and make us feel good about ourselves.
- ❖ Listen to us and help us to check whether it is a falling out or Bullying using STOP (Several Times On Purpose).
- ❖ Talk to our teachers and work with them to manage the behaviours realistically.
  - We are not allowed to hit back
  - We can't avoid people forever
  - We have to learn how to get along with others using our school values - Tolerance, Forgiveness, Respect and Friendship.